

Vaginal Steam Bath: Confidential Health History Form

Please **PRINT** and **ANSWER ALL** questions.

Date _____/_____/20____

Full Name (First, Middle Initial, and Last) _____

Address _____ City _____ State _____ Zip _____

Cell Phone _____ (H) _____ (W) _____

Occupation _____ Place of Employment _____

Height _____ Weight _____ DOB _____ Age _____ SSN# _____

Are you under the care of a physician? _____ If so, name? _____

How did you hear about us? -----

May we notify you of our specials by email: _____

Please Check ALL that apply:

***CONTRAINDICATIONS* Have you ever been diagnosed or experienced any of the following conditions? DATE all that apply.**

_____ **Extremely Heavy Periods**

_____ **First Day of Last Cycle**

_____ **Open Wounds**

_____ **Sores**

_____ **Blisters**

_____ **Are You Pregnant?**

_____ **Currently Feverish**

_____ **IUD**

_____ **Herpes**

_____ Infertility Issues

_____ Heavy Periods

_____ Recurring Bacterial Infections

_____ Severe Cramping

_____ Open Wounds/Sores

_____ Brown Blood during Period

_____ Black Blood during Period

_____ Are you Pregnant?

_____ Endometriosis

_____ Currently Feverish

_____ Recurring Yeast Infections

_____ Abnormal Discharge

_____ First Day of Last Cycle

_____ Irregular Cycle

_____ Foul Odor

_____ Bladder Infections

_____ Blisters

_____ Purple Blood during Period

_____ Incontinence

_____ Birth Control

_____ Absence of Period

_____ Herpes

_____ Hysterectomy

_____ Prolapsed Uterus

_____ STI

_____ Live Births

_____ # of Still Births

_____ # of Sexual Partners

_____ Domestic Violence

_____ Hemorrhoids

_____ Fibroids

_____ Menopause

_____ STD

_____ Breastfeeding

_____ C-Sections

_____ # of Miscarriages

_____ Rape

_____ Sexually Active

_____ IUD _____ Do you enjoy sex?

_____ PCOS

_____ PMS

_____ UTI

_____ # of Pregnancies

_____ # of Ectopic Pregnancies

_____ # of Abortions

_____ Molestation

_____ Date of Last Sexual Activity

(ICE) In Case of Emergency Contact: _____ **Phone:** _____

I have not been diagnosed with any contraindications for vaginal steaming. I am aware that this facility does not have a Licensed Medical Director on site. I am aware adverse events such as vaginal spasms have been alleged and claimed with the use of vaginal steaming. Should I experience any irritation or abnormal sensations during the session, I will immediately stop my session. If during the session, I experience discomfort or pain, I am responsible for immediately stopping my session. I am aware that Trained Therapists do not diagnose, prescribe and do not cure or treat any condition or disease.

CLIENT SIGNATURE **X** _____ Date ____/____/____
(For clients 18 or under, the signature & attendance of the parent/guardian for insertion is required)

I have reviewed this form with my client. Therapist Signature **X** _____

ATTENTION: All prepaid discounted vaginal steaming sessions are to be used within three (3) months of purchase. No show appointments are counted as a used session without a 24 hour cancellation. Health History forms should be updated after twelve (12) sessions or every year. No refunds! Non-transferable!

CLIENT SIGNATURE **X** _____
(For clients 18 or under, the signature & attendance of the parent/guardian for insertion is required.)

First Session Evaluation: YES/NO

Did Therapist review Health History and inquire about any health issues? _____

Was the device, area, room, and restroom clean? _____

Were you covered and comfortable? _____

Were your results satisfactory? _____

Will you recommend us to family/friends? _____

Did you have any problems/discomfort during session? _____

If so, please explain:

How do you feel?

CLIENT SIGNATURE **X** _____

Notes: _____

