



**Back to Essentials**  
A Complete Health and Wellness Center

## **Membership Programs**

### **Colonic (Colon Hydrotherapy) Club:**

- Your 1<sup>st</sup> Colonic is \$85 (enrollment fee). Waived if you sign up for 1 year.
- Each month, for \$100 you receive two Colonics for that month.
- You must make a 6 month, or 1 year commitment.
- You can gift 1 Colonic to a friend or family member each month of your contract.

### **Massage Club:**

- Your 1<sup>st</sup> Massage is \$50 (enrollment fee for 1 hour) or \$70 (enrollment fee for 1.5 hours). Waived if you sign up for 1 year.
- Each month, for \$35 you receive a 1 hour, full body Swedish Massage. OR, for \$55 you receive a 90 minute, full body Swedish Massage. You can upgrade to Deep Tissue or Sports Massage.
- You must make a 6 month or 1 year commitment.
- You can gift 1 Massage to a friend or family member each month of your contract.

### **Detoxification Club:**

- Each month, for \$175 you receive a different Detoxification Therapy each week. Detoxification Therapies include Massage, Colon Hydrotherapy, Ionic Foot Detoxification, and Far Infrared Sauna.
- You must make a 6 month or 1 year commitment.
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### **Yoni (Vaginal) Steam Club:**

Your 1<sup>st</sup> V-Steam is \$60 (enrollment fee). Waived if you sign up for 6 months.  
Each month, for \$200 you receive 4 V-Steam, 1/week.  
You must make a 3 month or 6 month commitment.  
You can gift 1 V-Steam to a friend or family member each month of your contract.